

## Self Declaration

(To be completed by Participant)

- Adventure activities provided by Trek The Himalayas has its share of risk and dangers, especially in respect to the terrain, weather, high altitude, desolate nature. The possibility of slip and falls, getting injured, falling sick, and even death cannot be ruled out.
- Participants of this Adventure activity/trip should have good health, stamina, and should not hide or misrepresent any fact about the health as a poor state of health can greatly increase the perils that can be incurred on these Adventure activity/trip.
- To run such a colossal operation, Trek The Himalayas hires Third Party professionals. Trek The Himalayas will not be responsible for any harm, loss or damage to your luggage, belongings or self when carried by porters, ponies or vehicles, during the trip, your arrival and departure or stay at the hotel/guest house.
- Participant should behave in an acceptable manner conducive to group travel. Trek The Himalayas reserves the right to terminate your trip (if you are found to be causing distress/annoyance to co-travellers, damage property of any supplier, smoking or consumption of alcohol). No refund for unused services is possible in such cases.
- The rules, regulations and guidelines have been adopted for the safe enjoyment of the activity/trip. Participant must abide by the instructions given by the Trip leader/organiser, their decision will be final and will be binding with respect.
- Participant safety and enjoyment is Trek The Himalayas prime concern and we therefore carry out our responsibility honestly & sincerely to ensure that your trip is trouble-free. Trek The Himalayas reserves the right to modify activity/trip or part of the trip under circumstances, including but not limiting to, acts of God, road blockage, political unrest, sickness, accidents, events beyond Trek The Himalayas control etc. Any extra cost arising from such circumstances shall be borne by participant on the spot.
- Trek The Himalayas is in no way responsible for any cost related to participant medical care, evacuation during or after the Adventure activity/trip.

**I hereby declare that I have read all the disclaimer terms and my participation in this Adventure activity/trip is completely voluntary, and I am fully aware of the risk involved. I will not hold Trek The Himalayas wholly or partly responsible in case of any accident, illness, injury or death on this activity/trip.**

Name of Participant \_\_\_\_\_, Age \_\_\_\_\_

Name of activity/Trip \_\_\_\_\_, Date of activity/Trip: \_\_\_\_\_

Date: \_\_\_\_\_

Signature of the Participant

Member

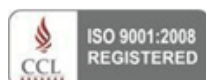


Certification



Kentura Plaza, Badrinath Road, Tapovan, Rishikesh-249201

+91-135-2442627+91-9456362345



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